

PLEASANT GROVE RECREATION CENTER

(336) 270 – 5124 (Revised: 11/5/24)

November 2024						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 FITNESS ROOM 8:00am – 12:00pm	2 OPEN GYM / FITNESS ROOM 9:00am – 11:00am
3	4 FITNESS ROOM 8:00am -12:00pm 6:00pm – 7:30pm ARCHERY CLUB 6:30pm – 8:00pm	5 FITNESS ROOM 8:00am – 12:00pm	6 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm COMMUNITY BINGO 9:00am – 11:00am OPEN GYM 6:00pm – 7:30pm	7 FITNESS ROOM 8:00am – 12:00pm ARCHERY CLASS 5:00pm – 7:30pm	8 FITNESS ROOM 8:00am – 12:00pm	9 OPEN GYM / FITNESS ROOM 9:00am – 11:00am
10	11 CLOSED FOR VETERANS DAY	12 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	13 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	14 FITNESS ROOM 8:00am – 12:00pm ARCHERY CLASS 5:00pm – 7:30pm	15 FITNESS ROOM 8:00am – 12:00pm	16 OPEN GYM / FITNESS ROOM 9:00am – 11:00am
17	18 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	19 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	20 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm COMMUNITY BINGO / LUNCH 9am – 11:30am OPEN GYM 6:00pm – 7:30pm	21 FITNESS ROOM 8:00am – 12:00pm	22 FITNESS ROOM 8:00am – 12:00pm	23 OPEN GYM / FITNESS ROOM 9:00am – 11:00am
24	25 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	26 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	27 FITNESS ROOM 8:00am – 12:00pm	28 CLOSED FOR THANKSGIVING	29 CLOSED FOR THANKSGIVING BREAK	30 OPEN GYM / FITNESS ROOM 9:00am – 11:00am